



28. Abend-Berg-Lauf Friedrichroda, 14 Crosslauf für Schüler
Friedrichroda / 04.05.2012

Detailed evaluation

Hirschfeld, Mayk

Club: T-D

Number: 166

Course: 13.20 km

Berglauf lang

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:05:18

Speed: 11.94 km/h

Running performance: 4:57 min/km

Rank in course/Total: 31 (of 99)

Rank in course/Men: 28 (of 79)

Best time in course: 52:32

Rank in category: 4(of 11)

Best time in the category: 56:10