



28. Abend-Berg-Lauf Friedrichroda, 14 Crosslauf für Schüler
Friedrichroda / 04.05.2012

Detailed evaluation

Waitz, Anke

Club: Sv Ernstroda
Number: 109

Course: 13.20 km
Berglauf lang

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:22:58

Speed: 9.40 km/h
Running performance: 6:17 min/km

Rank in course/Total: 90 (of 99)
Rank in course/Women: 14 (of 20)
Best time in course: 1:04:33

Rank in category: 4(of 5)
Best time in the category: 1:05:43