



34. Alteburglauf  
Arnstadt / 04.05.2012

Detailed evaluation

Föt, Sören

Club: Lsv Lok Arnstadt  
Number: 74

Course: 10.00 km  
Hauptlauf

Category:  
Männer (20-29 Jahre)

Total time: 37:07

Speed: 16.17 km/h  
Running performance: 3:43 min/km

Rank in course/Total: 2 (of 125)

Rank in course/Men: 2 (of 97)

Best time in course: 36:31

Rank in category: 1(of 18)

Best time in the category: 37:07