



34. Alteburglauf
Arnstadt / 04.05.2012

Detailed evaluation

Grund, Martin

Club: SV Gelb-Blau Wipfra
Number: 67

Course: 10.00 km
Hauptlauf

Category:
Männer (20-29 Jahre)

Total time: 40:13

Speed: 14.92 km/h
Running performance: 4:01 min/km

Rank in course/Total: 6 (of 125)

Rank in course/Men: 6 (of 97)

Best time in course: 36:31

Rank in category: 5(of 18)

Best time in the category: 37:07