



34. Alteburglauf
Arnstadt / 04.05.2012

Detailed evaluation

Zeiger, Thomas

Club: Laufftreff Alteburg
Number: 1916

Course: 10.00 km
Hauptlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 42:44

Speed: 14.04 km/h
Running performance: 4:16 min/km

Rank in course/Total: 13 (of 125)

Rank in course/Men: 11 (of 97)

Best time in course: 36:31

Rank in category: 2(of 24)

Best time in the category: 36:31