



34. Alteburglauf
Arnstadt / 04.05.2012

Detailed evaluation

Gergs, Roy

Club: TV 1920 Ilmenau
Number: 1982

Course: 10.00 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 43:54

Speed: 13.67 km/h
Running performance: 4:23 min/km

Rank in course/Total: 17 (of 125)

Rank in course/Men: 16 (of 97)

Best time in course: 36:31

Rank in category: 2(of 6)

Best time in the category: 42:32