



34. Alteburglauf  
Arnstadt / 04.05.2012

Detailed evaluation

Gräßer, Lisa

Club: SV 90 Gräfenroda  
Number: 1802

Course: 1.20 km  
Schüler- und Jedermannslauf

Category:  
weibliche Kinder W11 (11 Jahre)

Total time: 6:32

Speed: 9.18 km/h  
Running performance: 5:26 min/km

Rank in course/Total: 50 (of 116)  
Rank in course/Women: 18 (of 49)  
Best time in course: 5:19

Rank in category: 4(of 5)  
Best time in the category: 6:24