



34. Alteburglauf  
Arnstadt / 04.05.2012

## Detailed evaluation

**Kretzschmar, Manfred**

Club: Ichnershausen  
Number: 1960

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 45:48

Speed: 13.10 km/h  
Running performance: 4:35 min/km

Rank in course/Total: 26 (of 125)

Rank in course/Men: 25 (of 97)

Best time in course: 36:31

Rank in category: 1(of 5)

Best time in the category: 45:48