



34. Alteburglauf
Arnstadt / 04.05.2012

Detailed evaluation

Zelder, Sebastian

Club: Arnstadt
Number: 1915

Course: 10.00 km
Hauptlauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 46:10

Speed: 13.00 km/h
Running performance: 4:37 min/km

Rank in course/Total: 27 (of 125)

Rank in course/Men: 26 (of 97)

Best time in course: 36:31

Rank in category: 1(of 12)

Best time in the category: 46:10