



34. Alteburglauf
Arnstadt / 04.05.2012

Detailed evaluation

Knoblich, Petra

Club: Alteburg Lauftreff Arnstadt
Number: 1966

Course: 10.00 km

Hauptlauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 46:11

Speed: 12.99 km/h

Running performance: 4:37 min/km

Rank in course/Total: 29 (of 125)

Rank in course/Women: 2 (of 28)

Best time in course: 42:16

Rank in category: 1(of 3)

Best time in the category: 46:11