



34. Alteburglauf  
Arnstadt / 04.05.2012

Detailed evaluation

Dellit, Danny

Club: Floh-Seligenthal  
Number: 1898

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 46:50

Speed: 12.81 km/h  
Running performance: 4:41 min/km

Rank in course/Total: 34 (of 125)

Rank in course/Men: 32 (of 97)

Best time in course: 36:31

Rank in category: 3(of 12)

Best time in the category: 46:10