



34. Alteburglauf
Arnstadt / 04.05.2012

Detailed evaluation

Schäge, Rico

Club: Arnstadt
Number: 1942

Course: 10.00 km
Hauptlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 49:17

Speed: 12.17 km/h
Running performance: 4:56 min/km

Rank in course/Total: 50 (of 125)

Rank in course/Men: 47 (of 97)

Best time in course: 36:31

Rank in category: 10(of 24)

Best time in the category: 36:31