



34. Alteburglauf
Arnstadt / 04.05.2012

Detailed evaluation

Luther, Swen

Club: Katholische Laufjugend Arnstadt
Number: 1904

Course: 10.00 km
Hauptlauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 51:51

Speed: 11.57 km/h
Running performance: 5:11 min/km

Rank in course/Total: 64 (of 125)

Rank in course/Men: 60 (of 97)

Best time in course: 36:31

Rank in category: 7(of 12)

Best time in the category: 46:10