



34. Alteburglauf
Arnstadt / 04.05.2012

Detailed evaluation

Moldenhauer, Frank

Club: Ilmenau
Number: 1958

Course: 10.00 km
Hauptlauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 52:18

Speed: 11.47 km/h
Running performance: 5:14 min/km

Rank in course/Total: 68 (of 125)

Rank in course/Men: 63 (of 97)

Best time in course: 36:31

Rank in category: 8(of 10)

Best time in the category: 44:38