



34. Alteburglauf  
Arnstadt / 04.05.2012

Detailed evaluation

Dudek, Harald

Club: Buchenläufer Arnstadt  
Number: 1988

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 54:10

Speed: 11.08 km/h  
Running performance: 5:25 min/km

Rank in course/Total: 79 (of 125)

Rank in course/Men: 72 (of 97)

Best time in course: 36:31

Rank in category: 4(of 5)

Best time in the category: 45:48