



34. Alteburglauf  
Arnstadt / 04.05.2012

## Detailed evaluation

**Raab, Mathias**

Club: Laufftreff Plaue  
Number: 1949

Course: 10.00 km  
Hauptlauf

Category:  
Männer (20-29 Jahre)

Total time: 54:55

Speed: 10.93 km/h  
Running performance: 5:29 min/km

Rank in course/Total: 82 (of 125)

Rank in course/Men: 75 (of 97)

Best time in course: 36:31

Rank in category: 15(of 18)

Best time in the category: 37:07