



34. Alteburglauf  
Arnstadt / 04.05.2012

Detailed evaluation

Herzberg, Andrea

Club: Laufftreff Alteburg  
Number: 1975

Course: 10.00 km  
Hauptlauf

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 55:44

Speed: 10.77 km/h  
Running performance: 5:34 min/km

Rank in course/Total: 87 (of 125)

Rank in course/Women: 11 (of 28)

Best time in course: 42:16

Rank in category: 3(of 6)

Best time in the category: 49:12