



34. Alteburglauf
Arnstadt / 04.05.2012

Detailed evaluation

Siegling, Michael

Club: NWA Nürnberg e.V.
Number: 1929

Course: 10.00 km
Hauptlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 56:39

Speed: 10.59 km/h
Running performance: 5:40 min/km

Rank in course/Total: 94 (of 125)

Rank in course/Men: 82 (of 97)

Best time in course: 36:31

Rank in category: 20(of 24)

Best time in the category: 36:31