



34. Alteburglauf  
Arnstadt / 04.05.2012

## Detailed evaluation

**Münch, Nadine**

Club: Arnstadt  
Number: 1957

Course: 10.00 km  
Hauptlauf

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 58:53

Speed: 10.19 km/h  
Running performance: 5:53 min/km

Rank in course/Total: 103 (of 125)

Rank in course/Women: 17 (of 28)

Best time in course: 42:16

Rank in category: 3(of 4)

Best time in the category: 50:24