



34. Alteburglauf  
Arnstadt / 04.05.2012

Detailed evaluation

Preuß, Marco

Club: Emleben  
Number: 1953

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 1:01:18

Speed: 9.79 km/h  
Running performance: 6:08 min/km

Rank in course/Total: 109 (of 125)

Rank in course/Men: 90 (of 97)

Best time in course: 36:31

Rank in category: 10(of 12)

Best time in the category: 46:10