



34. Alteburglauf  
Arnstadt / 04.05.2012

## Detailed evaluation

**Blauwitz, Heike**

Club: Arnstadt  
Number: 1993

Course: 10.00 km  
Hauptlauf

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 1:01:31

Speed: 9.75 km/h  
Running performance: 6:09 min/km

Rank in course/Total: 111 (of 125)

Rank in course/Women: 20 (of 28)

Best time in course: 42:16

Rank in category: 3(of 5)

Best time in the category: 55:17