



32. Silberberglauf  
Möhrenbach/ Thüringen / 05.05.2012

Detailed evaluation

Haake, Thomas

Club: fit&run-1.Thüringer Laufschule  
Number: 794

Course: 19.00 km  
Großer Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:45:23

Speed: 10.82 km/h  
Running performance: 5:33 min/km

Rank in course/Total: 22 (of 26)

Rank in course/Men: 19 (of 22)

Best time in course: 1:12:58

Rank in category: 4(of 5)

Best time in the category: 1:28:27