



32. Silberberglauf  
Möhrenbach/ Thüringen / 05.05.2012

Detailed evaluation

Moldenhauer, Frank

Club: Ilmenau  
Number: 784

Course: 19.00 km  
Großer Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:45:55

Speed: 10.76 km/h  
Running performance: 5:34 min/km

Rank in course/Total: 23 (of 26)

Rank in course/Men: 20 (of 22)

Best time in course: 1:12:58

Rank in category: 5(of 5)

Best time in the category: 1:28:27