



32. Silberberglauf  
Möhrenbach/ Thüringen / 05.05.2012

Detailed evaluation

Hermann, Jan

Club: Fitnessoase Ohrdruf  
Number: 524

Course: 11.00 km  
Hauptlauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 1:00:51

Speed: 10.85 km/h  
Running performance: 5:32 min/km

Rank in course/Total: 56 (of 97)

Rank in course/Men: 46 (of 73)

Best time in course: 37:59

Rank in category: 4(of 6)

Best time in the category: 51:58