



32. Silberberglauf
Möhrenbach/ Thüringen / 05.05.2012

Detailed evaluation

Köhler, Ljuba

Club: LSV Lok Arnstadt
Number: 551

Course: 11.00 km
Hauptlauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:01:28

Speed: 10.74 km/h
Running performance: 5:35 min/km

Rank in course/Total: 60 (of 97)
Rank in course/Women: 12 (of 24)
Best time in course: 53:50

Rank in category: 2(of 3)
Best time in the category: 58:26