



32. Silberberglauf  
Möhrenbach/ Thüringen / 05.05.2012

Detailed evaluation

**Köhler, Ljuba**

Club: LSV Lok Arnstadt  
Number: 551

Course: 11.00 km  
Hauptlauf

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 1:01:28

Speed: 10.74 km/h  
Running performance: 5:35 min/km

Rank in course/Total: 60 (of 97)  
Rank in course/Women: 12 (of 24)  
Best time in course: 53:50

Rank in category: 2(of 3)  
Best time in the category: 58:26