



32. Silberberglauf  
Möhrenbach/ Thüringen / 05.05.2012

Detailed evaluation

**Seifert, Gerd**

Club: Saalfelder LV  
Number: 538

Course: 11.00 km  
Hauptlauf

Category:  
Senioren M75 (75-79 Jahre)

Total time: 1:13:33

Speed: 8.97 km/h  
Running performance: 6:41 min/km

Rank in course/Total: 90 (of 97)

Rank in course/Men: 68 (of 73)

Best time in course: 37:59

Rank in category: 2(of 3)

Best time in the category: 1:03:55