



5. Hohegeißer Bergduathlon/ Niedersächsische Landesmeisterschaft
Hohegeiß / 06.05.2012

Detailed evaluation

Hartung, Rene

Club: Harz Racing e.V.
Number: 263

Course: 26.40 km
GeißMan (Jedermannrennen) 4,5-19,0-3,0

Category:
AK 2 männlich (30-39 Jahre)

Total time: 1:06:27

Speed: 23.48 km/h
Running performance: 2:31 min/km

Rank in course/Total: 5 (of 29)

Rank in course/Men: 5 (of 19)

Best time in course: 58:21

Rank in category: 1(of 2)

Best time in the category: 1:06:27

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.50	5:32	3:41	1	-	13	0:56	1.50	5:32	3:41	1	-	16	0:11
Lap 2	1.50	6:08	4:05	1	-	12	1:27	3.00	11:40	3:53	1	-	16	0:32
Last lap Rad	1.50	6:56	4:37	1	-	11	1:39	4.50	18:36	4:08	1	-	16	1:23
Lap 1	0.20	0:16	1:19	1	-	1	-	4.70	18:52	4:00	1	-	16	1:15
Lap 2	6.30	10:55	1:43	1	-	4	10:27	11.00	29:47	2:42	1	-	15	
Lap 3	6.30	11:23	1:48	1	-	4	10:55	17.30	41:10	2:22	1	-	15	
Last lap Rad	6.30	12:10	1:55	1	-	5	11:42	23.60	53:20	2:15	1	-	15	
Lap 1	0.20	0:25	2:05	1	-	6	0:05	23.80	53:45	2:15	1	-	15	
Lap 2	1.50	6:31	4:20	1	-	10	6:03	25.30	1:00:16	2:22	1	-	15	
Last lap Penalty	-	fehlt!	-	-	-	-	-	25.30	-	-	-	-	-	-
Lauf	1.10	6:11	5:37	1	-	6	1:05	26.40	1:06:27	2:31	1	-	6	48:19