



5. Hohegeißer Bergduathlon/ Niedersächsische Landesmeisterschaft  
Hohegeiß / 06.05.2012

Detailed evaluation

Schreiber, Johanna

Club: SV 90 Nordhausen  
Number: 284

Course: 23.40 km  
GeißMan (Jugend A) 3,0-19,0-2,0

Category:  
Jugend A weiblich (16/ 17 Jahre)

Total time: 1:09:27

Speed: 19.87 km/h  
Running performance: 2:58 min/km

Rank in course/Total: 5 (of 8)  
Rank in course/Women: 2 (of 3)  
Best time in course: 1:04:05

Rank in category: 2(of 3)  
Best time in the category: 1:04:05

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.50	6:31	4:20	2	0:44	2	0:44	1.50	6:31	4:20	2	0:44	2	0:44
Last lap Rad	1.50	7:34	5:02	2	0:49	2	0:49	3.00	14:05	4:41	2	1:33	2	1:33
Lap 1	0.20	0:33	2:45	3	0:11	3	0:11	3.20	14:38	4:34	2	1:44	2	1:44
Lap 2	6.30	15:24	2:26	2	0:43	2	0:43	9.50	30:02	3:09	2	2:27	2	2:27
Lap 3	6.30	15:28	2:27	2	0:58	2	0:58	15.80	45:30	2:52	2	3:25	2	3:25
Last lap Rad	6.30	16:23	2:36	2	1:39	2	1:39	22.10	1:01:53	2:48	2	5:04	2	5:04
Lap 1	0.20	0:28	2:19	2	0:03	2	0:03	22.30	1:02:21	2:47	2	5:07	2	5:07
Last lap Penalty	-	fehlt!	-	-	-	-	-	22.30	-	-	-	-	-	-
Lauf	1.10	7:06	6:27	2	0:15	2	0:15	23.40	1:09:27	2:58	2	5:22	2	5:22