



5. Hohegeißer Bergduathlon/ Niedersächsische Landesmeisterschaft
Hohegeiß / 06.05.2012

Detailed evaluation

Schreiber, Johanna

Club: SV 90 Nordhausen
Number: 284

Course: 23.40 km
GeißMan (Jugend A) 3,0-19,0-2,0

Category:
Jugend A weiblich (16/ 17 Jahre)

Total time: 1:09:27

Speed: 19.87 km/h
Running performance: 2:58 min/km

Rank in course/Total: 5 (of 8)
Rank in course/Women: 2 (of 3)
Best time in course: 1:04:05

Rank in category: 2(of 3)
Best time in the category: 1:04:05

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Lap 1 | 1.50 | 6:31 | 4:20 | 2 | 0:44 | 2 | 0:44 | 1.50 | 6:31 | 4:20 | 2 | 0:44 | 2 | 0:44 |
| Last lap Rad | 1.50 | 7:34 | 5:02 | 2 | 0:49 | 2 | 0:49 | 3.00 | 14:05 | 4:41 | 2 | 1:33 | 2 | 1:33 |
| Lap 1 | 0.20 | 0:33 | 2:45 | 3 | 0:11 | 3 | 0:11 | 3.20 | 14:38 | 4:34 | 2 | 1:44 | 2 | 1:44 |
| Lap 2 | 6.30 | 15:24 | 2:26 | 2 | 0:43 | 2 | 0:43 | 9.50 | 30:02 | 3:09 | 2 | 2:27 | 2 | 2:27 |
| Lap 3 | 6.30 | 15:28 | 2:27 | 2 | 0:58 | 2 | 0:58 | 15.80 | 45:30 | 2:52 | 2 | 3:25 | 2 | 3:25 |
| Last lap Rad | 6.30 | 16:23 | 2:36 | 2 | 1:39 | 2 | 1:39 | 22.10 | 1:01:53 | 2:48 | 2 | 5:04 | 2 | 5:04 |
| Lap 1 | 0.20 | 0:28 | 2:19 | 2 | 0:03 | 2 | 0:03 | 22.30 | 1:02:21 | 2:47 | 2 | 5:07 | 2 | 5:07 |
| Last lap Penalty | - | fehlt! | - | - | - | - | - | 22.30 | - | - | - | - | - | - |
| Lauf | 1.10 | 7:06 | 6:27 | 2 | 0:15 | 2 | 0:15 | 23.40 | 1:09:27 | 2:58 | 2 | 5:22 | 2 | 5:22 |