



5. Hohegeißer Bergduathlon/ Niedersächsische Landesmeisterschaft
Hohegeiß / 06.05.2012

Detailed evaluation

Trantel, Torben

Club: TSV Schwarme
Number: 289

Course: 23.40 km
GeißMan (Jugend A) 3,0-19,0-2,0

Category:
Jugend A männlich (16/ 17 Jahre)

Total time: 1:13:07

Speed: 18.87 km/h
Running performance: 3:07 min/km

Rank in course/Total: 6 (of 8)

Rank in course/Men: 4 (of 5)

Best time in course: 52:27

Rank in category: 4(of 5)

Best time in the category: 52:27

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.50	7:00	4:40	5	2:24	5	2:24	1.50	7:00	4:40	4	2:21	4	2:21
Last lap Rad	1.50	8:21	5:33	5	2:41	5	2:41	3.00	15:21	5:06	4	5:02	4	5:02
Lap 1	0.20	0:27	2:15	4	0:08	4	0:08	3.20	15:48	4:56	4	5:05	4	5:05
Lap 2	6.30	15:15	2:25	5	3:44	5	3:44	9.50	31:03	3:16	4	8:35	4	8:35
Lap 3	6.30	16:29	2:36	5	4:44	5	4:44	15.80	47:32	3:00	4	13:19	4	13:19
Last lap Rad	6.30	17:02	2:42	5	5:11	5	5:11	22.10	1:04:34	2:55	4	17:59	4	17:59
Lap 1	0.20	0:30	2:30	4	0:07	4	0:07	22.30	1:05:04	2:55	4	18:06	4	18:06
Last lap Penalty	-	fehlt!	-	-	-	-	-	22.30	-	-	-	-	-	-
Lauf	1.10	8:03	7:19	4	2:34	4	2:34	23.40	1:13:07	3:07	5	20:40	5	20:40