



5. Hohegeißer Bergduathlon/ Niedersächsische Landesmeisterschaft
Hohegeiß / 06.05.2012

Detailed evaluation

Hoffmann, Kerstin

Club: SKiklub Hohegeiß
Number: 283

Course: 26.40 km
GeißMan (Jedermannrennen) 4,5-19,0-3,0

Category:
AK 3 weiblich (40-49 Jahre)

Total time: 1:28:03

Speed: 17.72 km/h
Running performance: 3:20 min/km

Rank in course/Total: 21 (of 29)
Rank in course/Women: 4 (of 10)
Best time in course: 1:17:18

Rank in category: 2(of 7)
Best time in the category: 1:23:33

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.50	6:37	4:24	2	0:07	4	0:51	1.50	6:37	4:24	2	0:07	4	0:51
Lap 2	1.50	7:02	4:41	1	-	2	0:46	3.00	13:39	4:32	2	0:04	4	1:37
Last lap Rad	1.50	8:11	5:27	2	0:07	3	0:47	4.50	21:50	4:51	2	0:11	4	2:24
Lap 1	0.20	0:26	2:09	2	0:03	4	0:03	4.70	22:16	4:44	2	0:14	4	2:25
Lap 2	6.30	17:23	2:45	3	2:28	5	2:59	11.00	39:39	3:36	2	2:42	4	5:24
Lap 3	6.30	16:17	2:35	3	1:14	5	2:06	17.30	55:56	3:13	2	3:56	4	7:30
Last lap Rad	6.30	17:14	2:44	2	0:55	4	2:37	23.60	1:13:10	3:06	2	4:51	4	10:07
Lap 1	0.20	0:29	2:24	1	-	2	0:01	23.80	1:13:39	3:05	2	4:51	4	10:08
Lap 2	1.50	7:15	4:49	1	-	2	0:48	25.30	1:20:54	3:11	2	4:36	4	10:56
Last lap Penalty	-	fehlt!	-	-	-	-	-	25.30	-	-	-	-	-	-
Lauf	1.10	7:09	6:30	1	-	2	0:49	26.40	1:28:03	3:20	3	1:28:03	5	1:28:03