



5. Hohegeißer Bergduathlon/ Niedersächsische Landesmeisterschaft
Hohegeiß / 06.05.2012

Detailed evaluation

Bartels, Michael

Club: ESV Eintracht Hameln
Number: 62

Course: 55.00 km
HarzMan 10,0-40,0-5,0

Category:
AK 3 männlich (40-49 Jahre)

Total time: 2:25:27

Speed: 22.69 km/h
Running performance: 2:38 min/km

Rank in course/Total: 8 (of 46)

Rank in course/Men: 8 (of 42)

Best time in course: 2:08:59

Rank in category: 2(of 15)

Best time in the category: 2:24:58

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	2.50	8:46	3:30	1	-	4	0:49	2.50	8:46	3:30	2		29	
Lap 2	2.50	9:21	3:44	1	-	6	0:57	5.00	18:07	3:37	2		29	
Lap 3	2.50	9:38	3:51	2	0:04	7	1:00	7.50	27:45	3:42	2		29	
Last lap Rad	2.50	10:31	4:12	2	0:21	7	1:18	10.00	38:16	3:49	2		30	
Lap 1	0.20	0:21	1:44	1	-	7	0:02	10.20	38:37	3:47	2		29	
Lap 2	10.00	21:00	2:06	2	0:19	9	3:20	20.20	59:37	2:57	2		29	
Lap 3	10.00	21:13	2:07	2	0:30	9	3:32	30.20	1:20:50	2:40	2		29	
Lap 4	10.00	21:27	2:08	2	0:53	7	3:12	40.20	1:42:17	2:32	2	0:30	29	
Last lap Rad	10.00	22:27	2:14	2	0:45	6	11:34	50.20	2:04:44	2:29	2	1:15	29	
Lap 1	0.20	0:21	1:44	1	-	1	-	50.40	2:05:05	2:28	2	0:48	29	
Lap 2	2.50	10:11	4:04	1	-	6	1:00	52.90	2:15:16	2:33	2	0:30	29	
Last lap Penalty	-	fehlt!	-	-	-	-	-	52.90	-	-	-	-	-	-
Lauf	2.10	10:11	4:50	1	-	7	1:08	55.00	2:25:27	2:38	2	0:29	9	59:12