



5. Hohegeißer Bergduathlon/ Niedersächsische Landesmeisterschaft
Hohegeiß / 06.05.2012

Detailed evaluation

Meene, Florian

Club: Soltauer Sportclub
Number: 59

Course: 55.00 km
HarzMan 10,0-40,0-5,0

Category:
AK 2 männlich (30-39 Jahre)

Total time: 2:36:51

Speed: 21.04 km/h
Running performance: 2:51 min/km

Rank in course/Total: 14 (of 46)

Rank in course/Men: 14 (of 42)

Best time in course: 2:08:59

Rank in category: 8(of 14)

Best time in the category: 2:19:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	2.50	8:56	3:34	4	0:59	6	0:59	2.50	8:56	3:34	8	0:46	35	
Lap 2	2.50	9:30	3:47	4	1:06	8	1:06	5.00	18:26	3:41	8	1:36	35	
Lap 3	2.50	9:49	3:55	5	1:11	12	1:11	7.50	28:15	3:46	8	2:21	35	
Last lap Rad	2.50	11:05	4:26	6	1:52	13	1:52	10.00	39:20	3:56	8	3:31	36	
Lap 1	0.20	0:24	2:00	8	0:05	17	0:05	10.20	39:44	3:53	8	3:30	35	
Lap 2	10.00	22:46	2:16	10	3:05	21	5:06	20.20	1:02:30	3:05	8	5:29	35	
Lap 3	10.00	23:11	2:19	10	3:22	19	5:30	30.20	1:25:41	2:50	8	7:36	35	
Lap 4	10.00	23:43	2:22	10	2:45	21	5:28	40.20	1:49:24	2:43	8	10:21	35	
Last lap Rad	10.00	25:15	2:31	9	3:23	20	14:22	50.20	2:14:39	2:40	8	13:37	35	
Lap 1	0.20	0:26	2:09	4	0:03	8	0:05	50.40	2:15:05	2:40	8	13:40	35	
Lap 2	2.50	10:36	4:14	5	1:25	10	1:25	52.90	2:25:41	2:45	8	15:05	35	
Last lap Penalty	-	fehlt!	-	-	-	-	-	52.90	-	-	-	-	-	-
Lauf	2.10	11:10	5:19	7	2:04	18	2:07	55.00	2:36:51	2:51	8	16:57	15	1:10:36