



5. Hohegeißer Bergduathlon/ Niedersächsische Landesmeisterschaft  
Hohegeiß / 06.05.2012

Detailed evaluation

Getz, Richard

Club: ESV Eintracht Hameln  
Number: 259

Course: 26.40 km  
GeißMan (Jedermannrennen) 4,5-19,0-3,0

Category:  
Junioren (18/19 Jahre)

Total time: 1:00:02

Speed: 25.99 km/h  
Running performance: 2:16 min/km

Rank in course/Total: 2 (of 29)

Rank in course/Men: 2 (of 19)

Best time in course: 58:21

Rank in category: 2(of 4)

Best time in the category: 58:21

Intermediate times								Stage score				Total ranking			
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	1.50	4:39	3:06	2	0:03	2	0:03	1.50	4:39	3:06	2	0:03	19		
Lap 2	1.50	4:53	3:15	2	0:12	2	0:12	3.00	9:32	3:10	2	0:15	19		
Last lap Rad	1.50	5:26	3:37	2	0:09	2	0:09	4.50	14:58	3:19	2	0:24	19		
Lap 1	0.20	0:23	1:55	2	0:03	8	0:07	4.70	15:21	3:15	2	0:27	19		
Lap 2	6.30	11:13	1:46	2	0:36	5	10:45	11.00	26:34	2:24	2	1:03	18		
Lap 3	6.30	11:20	1:47	2	0:41	3	10:52	17.30	37:54	2:11	2	1:44	18		
Last lap Rad	6.30	11:30	1:49	2	0:13	3	11:02	23.60	49:24	2:05	2	1:57	18		
Lap 1	0.20	0:24	2:00	2	0:02	4	0:04	23.80	49:48	2:05	2	1:56	18		
Lap 2	1.50	5:08	3:25	1	-	2	4:40	25.30	54:56	2:10	2	1:43	18		
Last lap Penalty	-	fehlt!	-	-	-	-	-	25.30	-	-	-	-	-	-	
Lauf	1.10	5:06	4:38	1	-	1	-	26.40	1:00:02	2:16	2	1:41	3	41:54	