



5. Hohegeißer Bergduathlon/ Niedersächsische Landesmeisterschaft  
Hohegeiß / 06.05.2012

Detailed evaluation

Schier, Wolfgang

Total time: 2:44:05

Club: TSV Heiligenrode / Team Erdinger Alkoholfrei Speed: 20.11 km/h

Number: 44

Running performance: 2:59 min/km

Course: 55.00 km

Rank in course/Total: 23 (of 46)

HarzMan 10,0-40,0-5,0

Rank in course/Men: 22 (of 42)

Best time in course: 2:08:59

Category:

Rank in category: 7(of 15)

AK 3 männlich (40-49 Jahre)

Best time in the category: 2:24:58

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	2.50	10:53	4:21	13	2:07	35	2:56	2.50	10:53	4:21	7	1:32	12	0:51
Lap 2	2.50	11:09	4:27	11	1:48	32	2:45	5.00	22:02	4:24	7	3:02	12	1:54
Lap 3	2.50	11:28	4:35	13	1:54	34	2:50	7.50	33:30	4:28	7	4:44	12	2:41
Last lap Rad	2.50	12:30	5:00	9	2:20	28	3:17	10.00	46:00	4:35	7	7:04	12	3:58
Lap 1	0.20	0:25	2:05	5	0:04	21	0:06	10.20	46:25	4:33	7	6:36	12	3:57
Lap 2	10.00	22:47	2:16	7	2:06	22	5:07	20.20	1:09:12	3:25	7	8:42	12	2:44
Lap 3	10.00	23:54	2:23	9	3:11	25	6:13	30.20	1:33:06	3:04	7	11:53	12	1:47
Lap 4	10.00	23:29	2:20	6	2:55	19	5:14	40.20	1:56:35	2:54	7	14:48	12	
Last lap Rad	10.00	24:00	2:23	5	2:18	15	13:07	50.20	2:20:35	2:48	7	17:06	4	
Lap 1	0.20	0:32	2:39	10	0:11	29	0:11	50.40	2:21:07	2:47	7	16:50	12	
Lap 2	2.50	11:26	4:34	7	1:15	22	2:15	52.90	2:32:33	2:53	7	17:47	12	
Last lap Penalty	-	fehlt!	-	-	-	-	-	52.90	-	-	-	-	-	-
Lauf	2.10	11:32	5:29	7	1:21	21	2:29	55.00	2:44:05	2:59	7	19:07	23	1:17:50