



5. Hohegeißer Bergduathlon/ Niedersächsische Landesmeisterschaft  
Hohegeiß / 06.05.2012

Detailed evaluation

Wert, Michelle

Club: Team Ronolulu  
Number: 276

Course: 23.40 km  
GeißMan (Jugend A) 3,0-19,0-2,0

Category:  
Jugend A weiblich (16/ 17 Jahre)

Total time: 1:04:05

Speed: 21.53 km/h  
Running performance: 2:44 min/km

Rank in course/Total: 4 (of 8)  
Rank in course/Women: 1 (of 3)  
Best time in course: 1:04:05

Rank in category: 1(of 3)  
Best time in the category: 1:04:05

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.50	5:47	3:51	1	-	1	-	1.50	5:47	3:51	1	-	1	-
Last lap Rad	1.50	6:45	4:30	1	-	1	-	3.00	12:32	4:10	1	-	1	-
Lap 1	0.20	0:22	1:49	1	-	1	-	3.20	12:54	4:01	1	-	1	-
Lap 2	6.30	14:41	2:19	1	-	1	-	9.50	27:35	2:54	1	-	1	-
Lap 3	6.30	14:30	2:18	1	-	1	-	15.80	42:05	2:39	1	-	1	-
Last lap Rad	6.30	14:44	2:20	1	-	1	-	22.10	56:49	2:34	1	-	1	-
Lap 1	0.20	0:25	2:05	1	-	1	-	22.30	57:14	2:33	1	-	1	-
Last lap Penalty	-	fehlt!	-	-	-	-	-	22.30	-	-	-	-	-	-
Lauf	1.10	6:51	6:13	1	-	1	-	23.40	1:04:05	2:44	1	-	1	-