



5. Hohegeißer Bergduathlon/ Niedersächsische Landesmeisterschaft

Hohegeiß / 06.05.2012

Detailed evaluation

Kuntschke, Marcel

Club: TSV Warzen

Number: 31

Course: 55.00 km

HarzMan 10,0-40,0-5,0

Category:

AK 1 männlich (20-29 Jahre)

Total time: 2:56:18

Speed: 18.72 km/h

Running performance: 3:13 min/km

Rank in course/Total: 37 (of 46)

Rank in course/Men: 34 (of 42)

Best time in course: 2:08:59

Rank in category: 6(of 6)

Best time in the category: 2:08:59

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	2.50	9:50	3:56	4	1:38	19	1:53	2.50	9:50	3:56	6	1:38	14	
Lap 2	2.50	10:39	4:15	5	2:01	25	2:15	5.00	20:29	4:05	6	3:39	14	0:21
Lap 3	2.50	10:43	4:17	5	1:40	22	2:05	7.50	31:12	4:09	6	5:17	14	0:23
Last lap Rad	2.50	11:59	4:47	6	2:35	24	2:46	10.00	43:11	4:19	6	7:52	14	1:09
Lap 1	0.20	0:24	2:00	4	0:03	17	0:05	10.20	43:35	4:16	6	7:53	14	1:07
Lap 2	10.00	25:29	2:32	6	7:49	36	7:49	20.20	1:09:04	3:25	6	15:42	14	2:36
Lap 3	10.00	26:54	2:41	6	9:13	37	9:13	30.20	1:35:58	3:10	6	24:55	14	4:39
Lap 4	10.00	27:54	2:47	6	9:39	37	9:39	40.20	2:03:52	3:04	6	34:34	14	6:24
Last lap Rad	10.00	29:01	2:54	5	9:45	34	18:08	50.20	2:32:53	3:02	6	44:19	14	5:25
Lap 1	0.20	0:29	2:24	6	0:07	21	0:08	50.40	2:33:22	3:02	6	44:23	14	5:22
Lap 2	2.50	11:12	4:28	5	1:55	18	2:01	52.90	2:44:34	3:06	6	45:47	14	3:40
Last lap Penalty	-	fehlt!	-	-	-	-	-	52.90	-	-	-	-	-	-
Lauf	2.10	11:44	5:35	5	2:41	25	2:41	55.00	2:56:18	3:12	6	47:19	35	1:30:03