



## Detailed evaluation

**Gringel, Raphael**

Club: Holzminden  
Number: 513

Course: 42.80 km  
Marathon

Category:  
Herren

Total time: 1:49:39

Speed: 22.98 km/h

Rank in course/Total: 40 (of 92)

Rank in course/Men: 40 (of 84)

Best time in course: 1:28:00

Rank in category: 6(of 14)

Best time in the category: 1:31:18

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	4.10	16:19	14.71	8	3:48	59	4:37	4.10	16:19	14.71	6	3:48	5	0:54
Last lap Runde	6.60	12:13	29.47	5	1:13	41	1:33	10.70	28:32	21.03	6	5:01	33	
Lap 1	4.10	15:00	16.00	7	2:56	46	3:51	14.80	43:32	19.30	6	7:57	33	
Last lap Runde	6.60	11:51	30.38	5	1:00	24	1:07	21.40	55:23	22.75	6	8:57	33	
Lap 1	4.10	14:49	16.20	6	3:17	39	3:44	25.50	1:10:12	21.37	6	12:14	63	
Last lap Runde	6.60	12:09	29.63	4	1:24	28	1:24	32.10	1:22:21	23.32	6	13:38	63	
Lap 1	4.10	14:54	16.11	5	3:09	33	3:25	36.20	1:37:15	22.21	6	16:47	63	
Last lap Finish	6.60	12:24	29.03	5	1:34	37	2:08	42.80	1:49:39	22.98	6	18:21	40	21:39