



Detailed evaluation

Pankoke, Guido

Club: Lemgo
Number: 572

Course: 42.80 km
Marathon

Category:
Masters männlich

Total time: 1:50:21

Speed: 22.84 km/h

Rank in course/Total: 41 (of 92)

Rank in course/Men: 41 (of 84)

Best time in course: 1:28:00

Rank in category: 15(of 30)

Best time in the category: 1:28:00

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	4.10	15:32	15.45	18	3:50	50	3:50	4.10	15:32	15.45	15	0:32	21	0:07
Last lap Runde	6.60	12:22	29.11	19	1:42	44	1:42	10.70	27:54	21.51	15	0:51	21	
Lap 1	4.10	15:03	15.95	17	3:54	47	3:54	14.80	42:57	19.56	15	1:08	21	
Last lap Runde	6.60	12:44	28.27	21	2:00	54	2:00	21.40	55:41	22.63	15	1:52	21	
Lap 1	4.10	14:40	16.36	15	3:35	37	3:35	25.50	1:10:21	21.32	1	-	32	
Last lap Runde	6.60	12:47	28.16	19	2:01	50	2:02	32.10	1:23:08	23.10	1	-	32	
Lap 1	4.10	15:02	15.96	14	3:33	36	3:33	36.20	1:38:10	22.00	1	-	32	
Last lap Finish	6.60	12:11	29.55	15	1:55	32	1:55	42.80	1:50:21	22.84	15	22:21	41	22:21