



# Bödefelder Hollenlauf/ -Marsch

Bödefeld / 19.05.2012

## Detailed evaluation

Schüler, Rolf

Club: LC Eschenburg

Number: 1794

Course: 67.00 km

67 km Lauf

Category:

Senioren M45

Total time: 5:13:39

Speed: 12.82 km/h

Running performance: 4:41 min/km

Rank in course/Total: 6 (of 118)

Rank in course/Men: 6 (of 95)

Best time in course: 4:51:45

Rank in category: 1(of 24)

Best time in the category: 5:13:39

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	1:29:44	4:36	1	-	6	3:27	19.50	1:29:44	4:36	13	-	66	-
Kühude	20.50	1:30:56	4:26	1	-	4	3:06	40.00	3:00:40	4:30	13	-	66	-
Nasse Wiese	20.50	1:45:29	5:08	2	7:25	6	14:18	60.50	4:46:09	4:43	13	-	65	-
Finish	6.50	27:30	4:13	2	0:49	5	2:22	67.00	5:13:39	4:40	1	-	6	21:54