



Bödefelder Hollenlauf/ -Marsch

Bödefeld / 19.05.2012

Detailed evaluation

Schneider, Marco

Club: LuT Aschaffenburg

Number: 1370

Course: 67.00 km

67 km Lauf

Category:

Senioren M40

Total time: 5:15:15

Speed: 12.75 km/h

Running performance: 4:43 min/km

Rank in course/Total: 7 (of 118)

Rank in course/Men: 7 (of 95)

Best time in course: 4:51:45

Rank in category: 2(of 20)

Best time in the category: 4:58:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	1:28:34	4:32	2	1:01	5	2:17	19.50	1:28:34	4:32	19			65
Kühude	20.50	1:32:04	4:29	2	4:14	7	4:14	40.00	3:00:38	4:30	19			65
Nasse Wiese	20.50	1:46:05	5:10	2	9:20	7	14:54	60.50	4:46:43	4:44	19			64
Finish	6.50	28:32	4:23	2	2:29	7	3:24	67.00	5:15:15	4:42	2	17:04	7	23:30