



Bödefelder Hollenlauf/ -Marsch
Bödefeld / 19.05.2012

Detailed evaluation

Schierholz, Jörg

Club: SV Siegfried Materborn
Number: 729

Course: 21.00 km
21 km Lauf

Category:
Senioren M30

Total time: 1:51:09

Speed: 11.34 km/h
Running performance: 5:17 min/km

Rank in course/Total: 3 (of 56)

Rank in course/Men: 3 (of 40)

Best time in course: 1:30:47

Rank in category: 1(of 3)

Best time in the category: 1:51:09