



Bödefelder Hollenlauf/ -Marsch
Bödefeld / 19.05.2012

Detailed evaluation

Wortmann, Dirk

Club: LAC Veltins
Number: 762

Course: 21.00 km
21 km Lauf

Category:
Senioren M45

Total time: 1:54:39

Speed: 10.99 km/h
Running performance: 5:28 min/km

Rank in course/Total: 6 (of 56)

Rank in course/Men: 6 (of 40)

Best time in course: 1:30:47

Rank in category: 1(of 5)

Best time in the category: 1:54:39