



Bödefelder Hollenlauf/ -Marsch  
Bödefeld / 19.05.2012

## Detailed evaluation

**Tigges, Benedikt**

Club: HTC-Hövelhof  
Number: 734

Course: 21.00 km  
21 km Lauf

Category:  
Männer

Total time: 1:57:41

Speed: 10.71 km/h  
Running performance: 5:36 min/km

Rank in course/Total: 9 (of 56)

Rank in course/Men: 9 (of 40)

Best time in course: 1:30:47

Rank in category: 1(of 1)

Best time in the category: 1:57:41