



Bödefelder Hollenlauf/ -Marsch
Bödefeld / 19.05.2012

Detailed evaluation

Hars, Susanne

Club: Nordkirchen
Number: 712

Course: 21.00 km
21 km Lauf

Category:
Seniorinnen W45

Total time: 2:05:37

Speed: 10.03 km/h
Running performance: 5:59 min/km

Rank in course/Total: 17 (of 56)

Rank in course/Women: 2 (of 16)

Best time in course: 2:05:19

Rank in category: 1(of 3)

Best time in the category: 2:05:37