



Bödefelder Hollenlauf/ -Marsch
Bödefeld / 19.05.2012

Detailed evaluation

Lingemann, Thorsten

Club: SGV Niedersorpe
Number: 718

Course: 21.00 km
21 km Lauf

Category:
Senioren M35

Total time: 2:12:12

Speed: 9.53 km/h
Running performance: 6:18 min/km

Rank in course/Total: 23 (of 56)

Rank in course/Men: 19 (of 40)

Best time in course: 1:30:47

Rank in category: 5(of 5)

Best time in the category: 1:30:47