



Bödefelder Hollenlauf/ -Marsch  
Bödefeld / 19.05.2012

## Detailed evaluation

**Knappstein, Klaus**

Club: Bochum  
Number: 716

Course: 21.00 km  
21 km Lauf

Category:  
Senioren M50

Total time: 2:14:14

Speed: 9.39 km/h  
Running performance: 6:23 min/km

Rank in course/Total: 27 (of 56)

Rank in course/Men: 23 (of 40)

Best time in course: 1:30:47

Rank in category: 6(of 14)

Best time in the category: 1:54:13