



Bödefelder Hollenlauf/ -Marsch  
Bödefeld / 19.05.2012

Detailed evaluation

Veith, Pamela

Club: TSV Kusterdingen  
Number: 1381

Course: 67.00 km  
67 km Lauf

Category:  
Seniorinnen W35

Total time: 5:47:05

Speed: 11.58 km/h  
Running performance: 5:11 min/km

Rank in course/Total: 13 (of 118)

Rank in course/Women: 1 (of 23)

Best time in course: 5:47:05

Rank in category: 1(of 4)

Best time in the category: 5:47:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total	Total	Total	Pos	Behind	Pos	Behind
								km	Time	min/km	Cat.	Cat.	Women	Women
Nasse Wiese	19.50	1:44:40	5:22	1	-	1	-	19.50	1:44:40	5:22	1	-	13	
Kühude	20.50	1:45:42	5:09	1	-	1	-	40.00	3:30:22	5:15	1	-	13	
Nasse Wiese	20.50	1:48:18	5:16	1	-	1	-	60.50	5:18:40	5:16	1	-	13	
Finish	6.50	28:25	4:22	1	-	1	-	67.00	5:47:05	5:10	1	-	1	-