



Bödefelder Hollenlauf/ -Marsch
Bödefeld / 19.05.2012

Detailed evaluation

Boer, Bodo

Club: Kempen
Number: 706

Course: 21.00 km
21 km Lauf

Category:
Senioren M45

Total time: 2:18:41

Speed: 9.09 km/h
Running performance: 6:36 min/km

Rank in course/Total: 32 (of 56)

Rank in course/Men: 27 (of 40)

Best time in course: 1:30:47

Rank in category: 5(of 5)

Best time in the category: 1:54:39