



Bödefelder Hollenlauf/ -Marsch

Bödefeld / 19.05.2012

Detailed evaluation

Leyendecker, Rainer

Club: LG DUV

Number: 1339

Course: 67.00 km

67 km Lauf

Category:

Senioren M55

Total time: 5:53:40

Speed: 11.37 km/h

Running performance: 5:17 min/km

Rank in course/Total: 16 (of 118)

Rank in course/Men: 15 (of 95)

Best time in course: 4:51:45

Rank in category: 1(of 10)

Best time in the category: 5:53:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	1:43:43	5:19	1	-	18	17:26	19.50	1:43:43	5:19	1	-	57	
Kühude	20.50	1:45:39	5:09	2	0:14	18	17:49	40.00	3:29:22	5:14	1	-	57	
Nasse Wiese	20.50	1:53:58	5:33	1	-	16	22:47	60.50	5:23:20	5:20	1	-	56	
Finish	6.50	30:20	4:39	4	1:27	17	5:12	67.00	5:53:40	5:16	1	-	15	1:01:55