



Bödefelder Hollenlauf/ -Marsch

Bödefeld / 19.05.2012

Detailed evaluation

Weber, Burkhard

Club: Renniere e.V.

Number: 1383

Course: 67.00 km

67 km Lauf

Category:

Senioren M45

Total time: 5:59:23

Speed: 11.19 km/h

Running performance: 5:22 min/km

Rank in course/Total: 20 (of 118)

Rank in course/Men: 19 (of 95)

Best time in course: 4:51:45

Rank in category: 8(of 24)

Best time in the category: 5:13:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Nasse Wiese	19.50	1:49:36	5:37	9	19:52	33	23:19	19.50	1:49:36	5:37	17			53	
Kühude	20.50	1:45:29	5:08	8	14:33	17	17:39	40.00	3:35:05	5:22	17			53	
Nasse Wiese	20.50	1:53:43	5:32	7	15:39	15	22:32	60.50	5:28:48	5:26	17			52	
Finish	6.50	30:35	4:42	6	3:54	20	5:27	67.00	5:59:23	5:21	8	45:44	19	1:07:38	